

Meat

- 7 pounds boneless, skinless chicken breasts
- 1 ½ pounds pork roast

Produce

- Romaine Lettuce*
- Juice of 2 limes (about ¼ cup)
- 3 teaspoons garlic, minced
- lettuce*
- diced tomatoes*
- avocados*
- Cilantro *
- 3-4 peppers chopped (use any color)
- ½ white onion, diced
- 4 carrots peeled and chopped
- 2 stalks of celery diced
- 4 potatoes peeled and diced *

* Please note - if it has an Asterisk (*) you need them on the day you eat the meal.

Grocery Items

- ¾ cup Caesar salad dressing
- dried parsley
- a dash of pepper
- ¼ cup fresh Parmesan cheese
- Rolls for sandwiches*
- ½ cups orange juice
- 1 teaspoons cumin
- corn tostadas*
- shredded cheddar cheese*
- Sour Cream*
- 1-14oz. can diced tomatoes
- 1-15oz. can tomato sauce
- 1 Tablespoon chicken Bouillon
- 1 cup rice (5 minute rice)*
- 1 cup cheddar cheese*
- 1 – .6 oz package Italian dressing, dry mix
- 1 10.75 oz can cream of mushroom soup (or prepare a homemade version)*
- 8 oz cream cheese*
- 1 – 12 oz package frozen broccoli*
- 2 Tablespoons chicken bouillon
- 2 Cups Bisquick*
- 2/3 cup of milk*

