

10 Crock Pot Chicken Freezer Recipes Shopping List

Meat

Between 17-20 pounds of boneless chicken breasts (This is flexible based on the needs of your family. Shredded meat goes a lot further, so you may not need as much chicken.)

Produce

- 1 small bag of pre-cut carrots
- 2 yellow onions
- 1 white onion
- 1 lime
- 3 green peppers
- 1 red pepper
- 2 peppers of your choice
- 8 garlic cloves
- 3-4 potatoes

Spices

- chili powder
- paprika
- salt
- pepper
- dried oregano
- 1 bay leaf
- cumin
- Montreal Marinade seasoning
- onion flakes
- garlic powder

Don't forget your Freezer bags

Grocery items

- white sugar
- white vinegar
- Soy Sauce
- 16oz can of pineapple chunks
- ketchup
- honey
- chicken broth (Or use water and chicken bouillon)
- 3 - taco seasoning packet (or [make your own](#))
- tortillas
- sour cream
- cheese (cheddar or Mexican mix about 4 cups)
- 28 oz can crushed tomatoes
- 1 (24 oz) can whole peeled tomatoes
- 1 (10 oz) can enchilada sauce
- 1 (4 oz) can chopped green chile peppers
- chicken bouillon
- Crumbled tortilla chips
- 1 can of corn
- 1 can of black beans
- 2 -16oz jar of salsa
- 2 - 8 oz bricks of cream cheese
- 1 Packet Ranch Dressing powder
- ¼ cup Ranch dressing
- Butter
- Mozzarella cheese (about 1 cup)
- Good Hoagie Rolls (about 6)
- Maple syrup
- Barbeque sauce (your favorite)
- Light brown sugar
- yellow mustard
- Worcestershire sauce
- 8 buns (for BBQ Sandwiches)

