

Easy Pot Roast Recipe

- 1 Pot Roast (3-4 Pounds)
- 2 cups water
- 1 packet onion soup mix
- 1 can of cream of mushroom soup
- oil for searing
- Salt to taste

Optional: Add baby carrots and quartered potatoes. (I just add the carrots but I prefer to make mashed potatoes.)

Instructions:

1. Salt both sides of your meat.
2. Turn your Ninja® Cooking System with Auto-iQ™ to stovetop mode and add about a tablespoon of oil.
3. Once it's hot add your meat and let it sear. Flip to sear the other side.
4. Mix together the onion soup mix and water. Pour it over the meat. Add carrots and potatoes if you want.
5. Cook on high for 4-5* hours or low for 6-7* hours.
6. *1 hour before the meal is done, add the cream of mushroom soup.

Serve and enjoy!