

<p>Meat</p> <ul style="list-style-type: none"> <input type="checkbox"/> 5 pounds boneless/skinless chicken breasts <input type="checkbox"/> 1 (2 ½ pound) boneless beef chuck roast <input type="checkbox"/> 6 boneless pork chops, 1/2 inch thick 	<p>Produce</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 red bell pepper <input type="checkbox"/> ½ large onion, chopped (or bagged onions) <input type="checkbox"/> 3-4 potatoes (More if you want to make mashed potatoes) <input type="checkbox"/> 2 bags of pre-cut baby carrots <input type="checkbox"/> Romaine Lettuce <input type="checkbox"/> 2 green peppers (or use the bagged stuff) <input type="checkbox"/> 1 yellow onion 	<p>Grocery</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 tsp dried oregano <input type="checkbox"/> 1 bay leaf <input type="checkbox"/> 1 teaspoon dried parsley <input type="checkbox"/> dried onion flakes <input type="checkbox"/> ¾ cup Caesar salad dressing <input type="checkbox"/> 28 oz can crushed tomatoes <input type="checkbox"/> Rolls for sandwiches <input type="checkbox"/> 1 can cream of mushroom or chicken soup <input type="checkbox"/> 1 packet brown gravy mix <input type="checkbox"/> Frozen peppers and onions <input type="checkbox"/> Montreal Marinade seasoning <input type="checkbox"/> Good Hoagie Rolls
<p>Dairy</p> <ul style="list-style-type: none"> <input type="checkbox"/> butter <input type="checkbox"/> 8 oz Mozzarella cheese <input type="checkbox"/> 8 oz Fresh Parmesan cheese <input type="checkbox"/> Milk 		